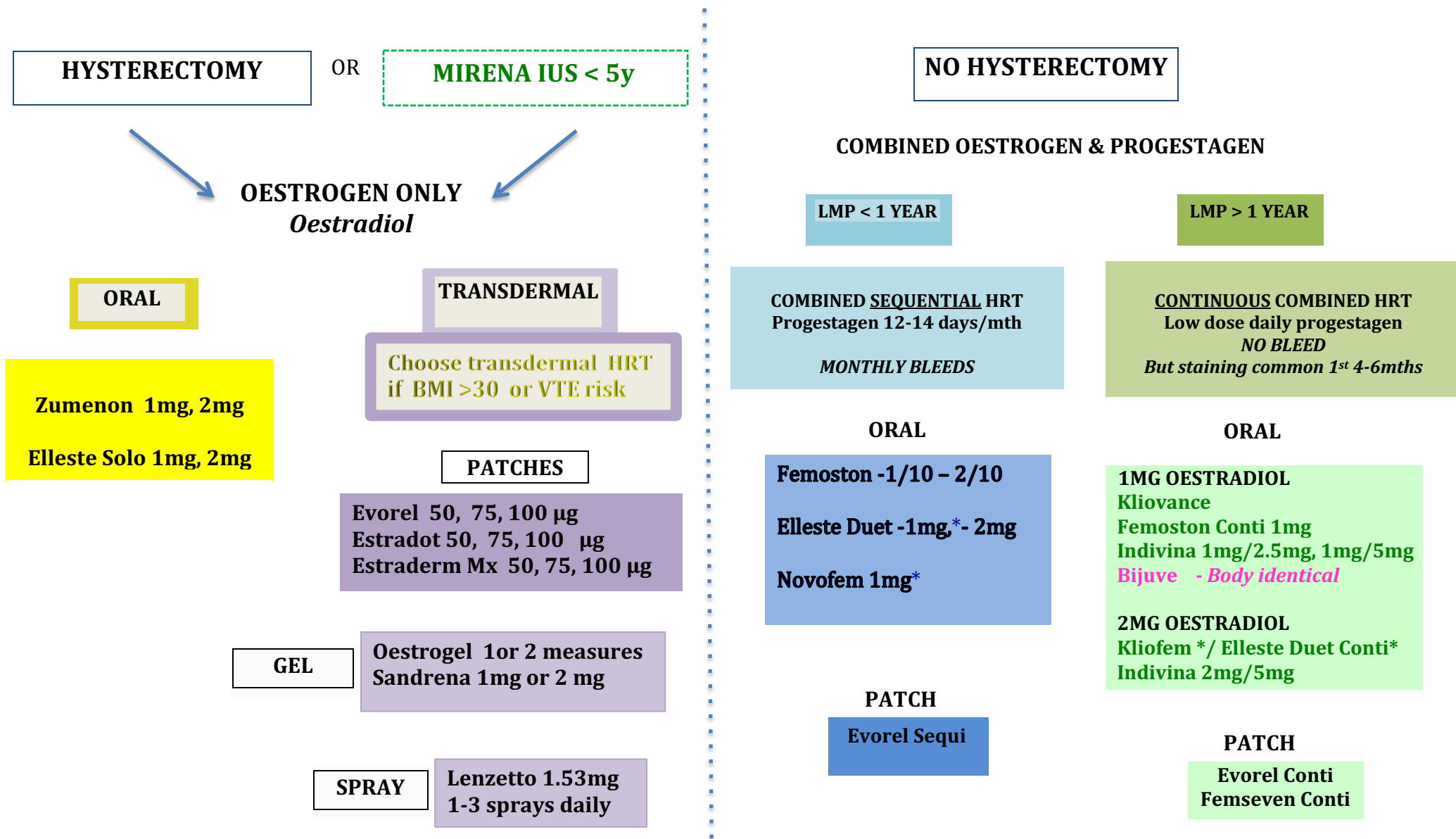


BELFAST TRUST HRT CLINIC - 'STARTING TREATMENT' GUIDE



BODY IDENTICAL HRT- Bijuve (oral)
or Oestradiol patch or gel + Utrogestan (if uterus intact)
200mg 12 days per month *sequential*
100mg daily - *continuous (irregular bleeding common)*

Different Progestagens
Norethisterone in Kliovance, Kliofem, Novofem, Elleste Duet & Evorel conti/sequi
Dydrogesterone in Femoston
Medroxyprogesterone acetate in Indivina **Micronised Progesterone** in Bijuve
* both tablets contain the same oestrogen & progestagen at same doses